



# **PSHE POLICY (including Relationships and Sex Education)**

**Prepared by: M Ditchfield (in consultation with a parent working party 2021)**

**Date: March 2022**

**Review Date: March 2023**

*UNICEF's Rights of the Child (Article 29) states that "children's education should develop each child's personality, talents and abilities to the fullest. It should encourage children to respect others, human rights and their own and other cultures. It should also help them learn to live peacefully, protect the environment and respect other people. Children have a particular responsibility to respect the rights of their parents, and education should aim to develop respect for the values and culture of their parents." This philosophy underpins every aspect of the curriculum at Rufford. It also states in Article 19 that "Children have the right to be protected from being hurt or mistreated, physically or mentally."*

This policy covers our approach to PSHE from April 2021. It aims to set out the purpose of PSHE and Relationships Education and the intended outcomes for pupils; what is covered in our curriculum and how it is delivered.

The PSHE curriculum helps to give children and young people the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, tackling many of the moral, social and cultural issues that are part of growing up. Within that, Relationships Education provides learning about the many strands of relationships and growing up. This includes family relationships, friendships and relationships with peers and adults, healthy and unhealthy relationships, the characteristics of positive relationships, relationships online and the emotional, social and physical aspects of growing up.

### **Purpose and Principles**

At our school, we believe in providing every pupil with open, honest, accurate and age-appropriate lessons all about personal and social relationships. Through the school's ethos and values, we aim to develop children's knowledge, skills, opinions, strategies and confidence - enabling them to cope with life and live safely and happily in the modern world.

We highly value the partnership between school and home and will promote open and informative two-way communication. We aim to provide parents and carers with accurate information about what their child is learning in school and to provide the best learning environment and opportunities for our children.

Our PSHE curriculum is inclusive and meets the needs of all children, including those with special educational needs or disabilities (SEND). In Relationships Education, we also aim to promote gender equality and represent the LGBT+ community through our curriculum.

Through our comprehensive PSHE provision, we aim to provide all pupils with:

- equal access to the curriculum, regardless of ability, gender, race or religion;
- an appreciation of the importance of responsible behaviour, courtesy and consideration of others;
- a spiritual, moral, social and cultural education that prepares them to become valued members of an ever-changing, multi-cultural society;
- the tools to make informed decisions about healthy lifestyles;
- healthy attitudes towards themselves and others;
- an understanding of individual responsibility;
- an awareness of others;
- the knowledge and understanding of a variety of relationships;
- the ability to identify any concerns they have about a relationship;
- coping strategies and an awareness of how and where to seek support;
- an understanding of their rights and responsibilities within a range of relationships;
- an awareness of the process of growing up and the changes they and others will experience;
- an understanding of the characteristics of positive relationships.

### **Statutory Regulations**

From April 2021, all primary schools must deliver Relationships Education. Under the Education Act 2002/Academies Act 2010, all schools must provide a balanced and broadly-based curriculum which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

Documents that inform the school's PSHE and Relationships Education Policy include:

- Education Act (1996)
- Learning and Skills Act (2000)

- Education and Inspections Act (2006)
- Equality Act (2010),
- Supplementary Guidance SRE for the 21st century (2014)
- Keeping children safe in education – Statutory safeguarding guidance (2016)
- Children and Social Work Act (2017)

### **Roles and Responsibilities**

The PSHE programme in our school will be led by Mrs M Ditchfield

The school governor representative responsible for the PSHE programme is Ms C Lello.

All staff members involved in teaching and supporting the PSHE curriculum will be trained and supported by Mrs M Ditchfield

### **Our PSHE Curriculum**

Our inclusive PSHE curriculum supports the objectives set out by the PSHE Association which meet the statutory requirements for Key Stage 1 and 2, and uses resources from Twinkl.

Our PSHE Scheme of Work can be viewed on the school website.

Our lessons will be differentiated where appropriate, ensuring all children are able to participate fully. Children will be given the opportunity throughout the units of work to reflect on and evaluate their learning - assessment opportunities are built in to every lesson.

Parents have the right to withdraw their children from all or part of Relationships Education sessions, except those elements taught as part of the National Curriculum Science. Any parent wishing to discuss this aspect of the curriculum in more detail should contact the Head teacher.

### **Delivering the Curriculum**

Our PSHE lessons are taught by staff who are trained in delivering the specific content of the lessons. Ground rules will be established in class and children reminded of these. Special consideration will be given when teaching particularly sensitive content and staff will be fully aware of the children in their class and how they might relate to the lesson content.

We aim to create and maintain a safe environment within which all children feel able to ask questions and discuss issues openly. For any child wishing to discuss something confidential, relating to the lesson content, an opportunity will be provided.

Each class also has a question box, which gives children the option to write down their questions and receive an answer on a one-to-one basis, rather than in front of the whole class. Distancing techniques will be employed in our Relationships Education, as with other areas of the PSHE curriculum, meaning that children are able to discuss fictional characters and scenarios, rather than discuss their own lives and experiences.

In order to meet the needs of all children and to make our lessons engaging, we aim to deliver our PSHE curriculum through a variety of teaching methods and interactive activities.

The School Nurse will also be involved in teaching some aspects of Sex Education to KS2 children. Loudmouth Theatre Company may be used for some lessons in KS2.

### **Assessment, Monitoring and Reporting**

Self-assessment is an important part of learning in PSHE. Children will reflect on their learning throughout the units. We highly value pupil voice and will take into account the opinions and comments of our children about what they would like to learn.

Staff delivering the curriculum will critically reflect on their teaching and best practice will be shared through lesson observations, monitoring of planning and children's work and training opportunities.

Comments on children's learning in Relationships Education, as part of their learning in PSHE, will be reported to parents and carers at the end of the Spring Term.

### **Safeguarding**

Teachers are aware that effective PSHE, which brings an understanding of what is and what is not appropriate in a relationship, can lead to a disclosure of a child protection issue. In this instance, teachers will consult with the designated safeguarding lead and in his/her absence, their deputy.

Safeguarding lead: Mrs S Jones; Safeguarding deputy: Mrs M Ditchfield

Visitors and external agencies which support the delivery of PSHE and Relationships Education will be required to adhere to the school's safeguarding policy and policies relating to the subjects they are teaching or contributing towards.

### **Engaging Stakeholders**

This policy will be available to view on the school website by all stakeholders. Parents will be informed of this policy after due consultation has been carried out.

We are committed to working closely with parents and carers and we do this by: parent/carer surveys, workshops, communication about when Relationships lessons will be taking place, leaflets, links to other websites on school website.

### **Links to Other Policies**

Our Relationships Education Policy links to the following other school policies:

Safeguarding

### **Reviewing the Policy**

This policy will be reviewed on an annual basis by Mrs M Ditchfield

This will ensure that information is accurate and up-to-date and that the views of all stakeholders are heard and considered regularly.